
The Effect of the Popularization of Jiacao Dance Education on the Cultivation of Youth Consciousness of Ethnic Community

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Abstract: Jiacao dance is a traditional dance with rich ethnic culture, which plays a crucial role in cultivating the sense of national community among young people. This article studies the ethnic cultural value of Jiacao dance and its important role in cultivating the awareness of the ethnic community among young people. At the same time, research has been conducted on the existing problems in the popularization of Jiacao dance education, and measures have been proposed to improve teaching content, strengthen teacher training, and enhance communication effectiveness through innovative media means, in order to provide guidance for further building the national community awareness of young people.

Keywords: Jiacao dance education; National community consciousness; Teenagers; National cultural identity; Education popularization

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1. Introduction

In today's society, cultivating a good sense of national community among young people plays an important role in the harmonious development of the nation. The Jiacao dance, a national dance with rich historical and cultural heritage, has become a friendly way of cultural exchange among multiple ethnic groups. Incorporating Jiacao dance teaching into the youth education system is beneficial for enhancing one's affirmation and pride in national culture and strengthening the sense of community of the Chinese nation. This article intends to conduct a comprehensive analysis of the educational value and strategies of Jiacao dance education for young people, in order to promote national unity and development.

2. The national cultural value of Jiacao dance

As a folk dance, Jiacao dance has a long and rich history behind it, containing rich and colorful cultural information. In its composition, rhythm, and clothing colors, it not only showcases the production and lifestyle of various ethnic groups, but also shows respect for nature and society^[1]. Jiacao dance encompasses the spiritual elements of unity, cooperation, joy, and harmony, with a clear commonality of collectivization and ritual. As a symbol of national identity, it can play a

positive role in promoting the inheritance of ethnic culture, enhancing cultural confidence, and showcasing the diverse and integrated structure of the Chinese nation.

3. The positive effect of Jiacao dance education on the cultivation of youth consciousness of the ethnic community

3.1. Promoting the youth's sense of identity with the national culture

Jiacao dance is the main representative of a certain ethnic minority dance, with its history and logo. By comprehensively explaining its origin, skill movements, clothing characteristics, and the national spirit it embodies, it enables young people to deeply understand the values upheld by this nation and enhance their sense of identity with its culture. In addition, the dance teaching of Jiacao dance also involves integrating ethnic music, language, customs, etc. into curriculum practice, guiding young people to experience the charm of ethnic culture in a comprehensive cultural atmosphere. Immersing oneself in interactive teaching to learn dance and experience the historical heritage of the nation can not only avoid a singular and superficial cultural identity, but also build a strong foundation of national culture for young people on the basis of cognition, emotion, and values ^[2]. From the perspective of psychological identity, the basic model of cultural identity can be expressed as follows:

$$C_i = f(K_i, P_i, E_i) \quad (1)$$

Among them, C_i represents the level of ethnic cultural identity of individual adolescents, K_i is the degree of mastery of ethnic cultural knowledge, P_i is the frequency of participation in ethnic cultural practice, and E_i is the environment for receiving ethnic education. Jiacao dance education can effectively promote the improvement of C_i by improving K_i , increasing P_i , and optimizing E_i .

3.2. Promoting exchanges and integration among multi-ethnic youth groups

The education of Jiacao dance is not only aimed at specific ethnic groups of young people, but its transparency and compatibility provide interactive and collaborative channels for young people of different ethnic groups. In the process of learning together, young people from different ethnic groups can break cultural boundaries, deepen mutual understanding and respect for each other. It is based on cultural and artistic interpersonal communication, which is conducive to alleviating subjective biases of different ethnic groups and enhancing emotional cohesion between ethnic groups. Jiacao dance performances usually require the participation of multiple members, requiring neat movements and attention to overall coordination. In the process of collaborative practice and performance, teenagers from various ethnic groups have established a network of mutual trust and formed stable spiritual bonds through continuous adaptation. In their spare time, they will further expand the intersection of life around dance topics, in order to promote in-depth communication among young people from different cultural backgrounds, and ultimately achieve the development of moving from art to the soul and promoting national unity. The following models can be used to describe the degree of closeness between adolescents and different ethnic groups:

$$I_{ij} = \alpha \times T_{ij} + \beta \times S_{ij} \quad (2)$$

Where, I_{ij} represents the intensity of communication between ethnic groups i and j , T_{ij} represents the total amount of time spent jointly participating in a Jiacao dance activity, S_{ij} represents the score of emotional interaction in communication, and α and β represent the weight coefficients. By increasing T_{ij} and S_{ij} , the education of Jiagu dance significantly improves the intensity of communication among young people of various ethnic groups and promotes national unity.

3.3. Inspiring young people's sense of belonging to the Chinese national community

Jiacuo dance is one of the essences of the diversity of excellent traditional Chinese culture. Its teaching content not only focuses on dance techniques, but also emphasizes the education of unity and cooperation concepts and profound connotations. In this process, teenagers use the historical origins, skill knowledge, and national spirit carried by dance as a starting point to understand the interdependence and integration between different ethnic groups, so as to more intuitively feel the integrated cognition of “you have me, I have you” among the people of different ethnic groups^[3]. In addition, Jiacuo dance performances usually focus on collective formation changes and movement displays, requiring teenagers to cooperate and help each other. This highly collaborative behavior can help them cultivate a sense of collective consciousness and a spirit of group honor. During this process, teenagers not only cultivate a sense of belonging to their own ethnic culture but also gradually form a high degree of identification with the entire Chinese national culture. Secondly, the teaching and inheritance of Jiacuo dance are often a form of integration between ethnic festivals and campus activities. Through participating in various cultural activities, young people gain an interactive platform for communication, learning, and reference. Through regularly participating in such activities, teenagers have come to understand that the Chinese nation is a multi-ethnic community, thus cultivating the concept of “diversity and unity, shared destiny” and enhancing their sense of identity and belonging.

4. The main problems existing in the popularization of Jiacuo dance education

4.1. Limited Jiacuo dance education coverage

From the perspective of existing education in various regions, there is an imbalance in the popularization of Jiacuo dance education. With sufficient resources and policy support, a relatively large proportion of urban schools offer Jiacuo dance education courses; Rural schools and remote areas are severely limited by factors such as teacher resources, funding, and facility construction, resulting in a serious lag in education development. In addition, some schools do not attach enough importance to it and do not make it a regular course, resulting in its limited popularity and affecting young people's exposure and understanding of their ethnic culture (**Table 1**).

Table 1. Comparison of education coverage in different regions

Area type	The proportion of dance classes offered	Teaching staff situation	Policy support	Proportion of participating students
City school	85%	Full-time teachers, adequate resources	High	78%
County school	55%	Some part-time teachers lack training	Medium	52%
Rural school	25%	Basically no professional teachers	Low	21%

The data in the table shows that the enrollment rate and student participation rate of Jiacuo dance courses in rural and remote areas are significantly lower than those in cities, reflecting the urgent need to solve the problem of uneven education coverage.

4.2. Lack of systematicity in the curriculum system and teaching content design

At present, the main problem with the Jiacuo dance education curriculum system is the lack of scientificity and rationalization. Many schools do not have fixed and authoritative textbooks and teaching syllabi for Jiacuo dance education. Most of the teaching materials are organized by teachers themselves, resulting in a chaotic distribution of teaching content and uneven levels. In addition, most courses only teach basic movements and do not extend to the historical background, cultural connotations, art, and other aspects of Jiacuo dance. Students' understanding of Jiacuo

dance is only superficial, but cannot truly rise to a sense of national cultural identity. The level and progression of teaching are relatively low, and it is not possible to analyze and plan reasonably for the age characteristics, knowledge acceptance ability, and learning interests of adolescents, which is not conducive to the stable improvement of learning outcomes.

4.3. Lack of teachers

At present, the overall teaching staff of Jiacao dance education is relatively weak, with few professional teachers, and most teachers have not received specialized training, resulting in a lack of professionalism^[4]. At present, teachers are mainly engaged in part-time jobs and job transfers, resulting in a significant gap in teaching ability and a lack of true understanding of the Jiacao dance culture. These problems seriously affect the steady improvement of education quality (Table 2).

Table 2. The current situation of the teaching staff of Jiacao dance education

Index	Current data	Major problem
Proportion of full-time teachers	30%	There is a serious shortage of professional teachers
Teacher training participation rate	40%	There are few training opportunities, and the training system is not perfect
Level of cultural literacy	60% have basic dance skills	Lack of a systematic grasp of the national cultural spirit and historical background
Innovation of teaching method	Low	Tradition is simple, with a lack of interest and interaction

From the table, it can be seen that the current shortage and low level of teacher construction are prominent issues, and it is necessary to strengthen the training and exercise efforts.

4.4. Young people's inactive participation

It is precisely due to the uninteresting course content, as well as inadequate promotion, that many teenagers lack a certain understanding and interest in learning Jiacao dance. With the increasing promotion of foreign cultures, they are gradually replacing the traditional dance culture of our own ethnic group; their proportion in the hearts of young people is decreasing (Table 3).

Table 3. Current situation of teenagers' interest in dancing education

Participation intention classification	Proportion (%)	The main reason
Highly motivated	20%	The school attaches great importance to the teaching content and parents support it
General interest	45%	The classroom content is simple, and lack innovative activities
Little interest	25%	Lack of awareness and understanding of national culture
Definite disinterest	10%	Preference for foreign culture, lack of propaganda

According to the survey, the level of student participation is low. In order to improve students' enthusiasm for participation, it is necessary to change the teaching methods, organize rich activities, etc., to enhance students' sense of identity and increase their interest.

5. The optimization path to enhance the awareness of the ethnic community among young people based on the education of Jiacao dance

5.1. Constructing a multi-level education curriculum system of Jiacao dance

Establishing a reasonable and scientific multi-level Jiacao dance education curriculum system is the most fundamental method to enhance the awareness of the ethnic community among young people. The system should arrange relevant courses at different levels and stages based on the physical and mental characteristics and cognitive abilities of adolescents at different stages, to ensure the coherence and completeness of teaching. **Figure 1** is a flowchart of the construction of a multi-level curriculum system for Jiacao dance education.

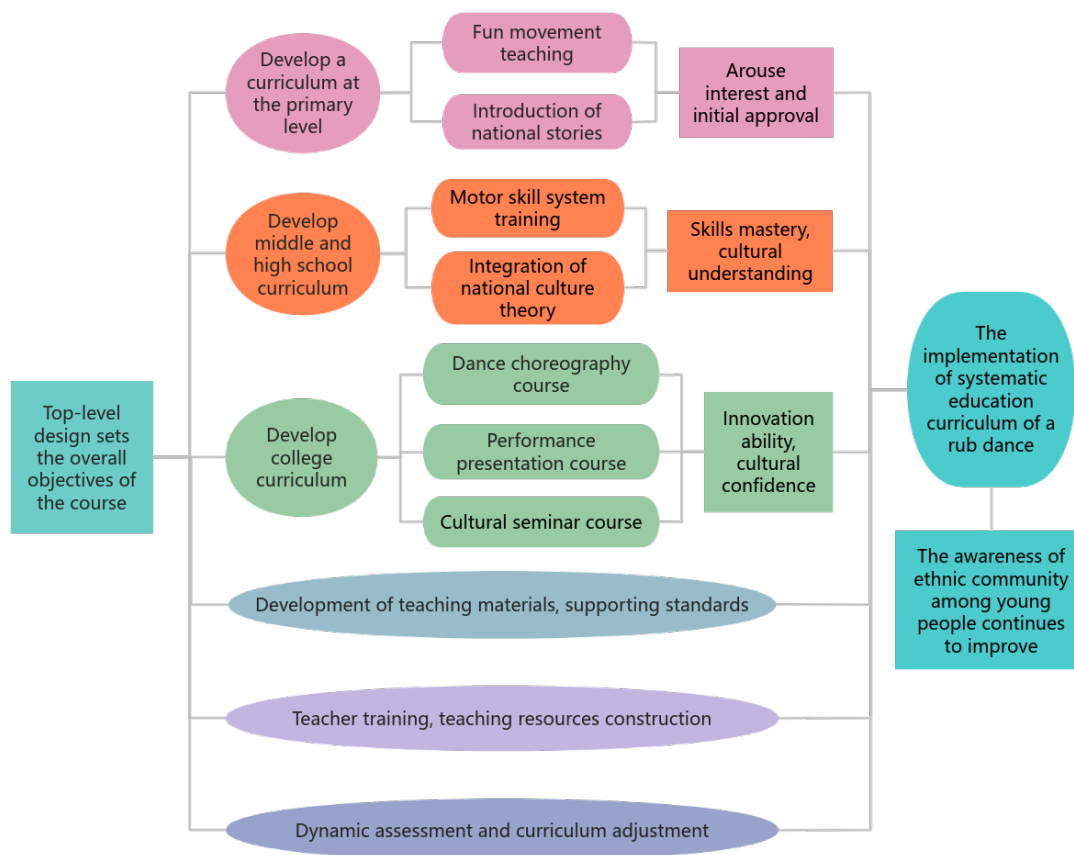


Figure 1. Flow chart of constructing a multi-level curriculum system of Jiacao dance education

This diagram comprehensively presents the entire process of the Jiacao dance curriculum system, clearly indicating the important teaching content and cultivation goals for different age groups, in order to achieve the realization of young people's national community consciousness from initial understanding to deep mastery, and then to self-identity and cultural innovation improvement.

5.2. Strengthening the teaching staff training mechanism

The teaching staff is a key factor in improving the quality and effectiveness of Jiacao dance education. Therefore, we should establish a scientific and comprehensive teacher selection mechanism, which includes teaching skills, ethnic and cultural literacy, and psychological guidance abilities. It is also possible to establish education majors or courses in Jiacao dance through universities to ensure the cultivation of high-quality, skilled talents with comprehensive theoretical knowledge, thereby achieving long-term talent supply for the development of Jiacao dance education. In addition, by creating diversified training mechanisms, including pre-job training, on-the-job training, group discussions, on-

site teaching, etc., the actual teaching level of teachers and the dissemination effect of ethnic culture can be improved. It is necessary to establish an incentive and development mechanism for teachers, and incorporate the Jiacao dance into teachers' performance evaluation, professional title promotion, and honor evaluation, so as to mobilize teachers' enthusiasm, make the teaching team continue to choose the best among the best, develop and grow, and provide strong support for cultivating the awareness of youth national community.

5.3. Utilizing innovative carriers and communication channels of Jiacao dance education activities

School classroom teaching plays a crucial role in inheriting Jiacao dance. We must try to develop more entertaining and creative educational equipment and channels to increase their appeal and achieve better teaching results. We should vigorously promote the linkage education between campus and society, such as forming interest groups for Jiacao dance on campus, holding ethnic festivals, ethnic discussion classes, and other activities, so that students can learn dance techniques and increase their understanding of ethnic culture in a relaxed and entertaining way. On the other hand, we will promote Jiacao dance to step out of the classroom, connect with social institutions such as communities, intangible cultural heritage protection bases, museums, etc., hold on-site observation and social performances, and expand the scope of practical experience for young people^[5]. Utilizing the advantages of modern technology, develop a Jiacao dance online teaching system, virtual exercises, and an interactive application to achieve simultaneous learning inside and outside the classroom. At the same time, we will actively use video websites, official account, live classes, and other forms to carry out online competitions, excellent works display, lectures on ethnic cultural knowledge, and other activities, further expand the impact of Jiacao dance education, expand its coverage space, and deepen the awareness of youth ethnic community.

5.4. Establishing a mechanism for promoting diverse and coordinated development

The development of Jiacao dance education is an important means of spreading ethnic culture and cultivating the sense of community among young people. Therefore, it is necessary to break down barriers in multiple fields, coordinate excellent resources from all parties, and establish an educational mechanism jointly led by the government, educational institutions, families, and communities. Led by the government, corresponding support policies will be formulated to establish a special fund for Jiacao dance education, providing financial and policy support for teacher training, teaching content development, and activity implementation. In addition, cross-disciplinary collaboration mechanisms should be established to integrate resources in education, culture, ethnic minority affairs, and other fields, jointly building specific policies suitable for local implementation, and achieving a model of policy, funding, and resource integration. Secondly, schools should actively collaborate with cultural departments, intangible cultural heritage protection organizations, ethnic groups, and community institutions to carry out a series of themed activities to bring Jiacao dance courses to campuses, communities, and families, in order to expand the number of participants and public support. At the family level, it is also necessary to strengthen communication and interaction between family and school, encourage parents to participate in their children's Jiacao dance learning and related activities, and form a good family cultural atmosphere. It is also necessary to establish a dynamic feedback mechanism, regularly conduct research on educational effectiveness and social situation, adjust the implementation plan in a timely manner based on the evaluation results, ensure the sustainability and orderliness of the joint assistance work of Jiacao dance education, and effectively promote the cultivation of the awareness of national community among young people.

6. Conclusion

The role of Jiacao dance education in promoting the awareness of ethnic community among young people is very important. It can strengthen their sense of identity with their own ethnic culture, and on this basis, enhance their multi-ethnic integration and strengthen their sense of belonging to the Chinese national community. However, there are still problems such as an incomplete curriculum system, a shortage of teacher resources, and uneven teaching coverage.

Corresponding changes need to be made in curriculum design, teacher training, and dissemination methods to promote the efficient development of Jiacao dance education, ultimately achieving national unity and the intergenerational transmission of Chinese culture.

Disclosure statement

The author declares no conflict of interest.

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